

Brief CV note

Name: Helena Canhão (female)

Title/degrees: MD, MMSc, PhD, Habilitation, Senior Consultant Rheumatology

Medical License: 34159, Portugal

E-mail: helenacanhao@nms.unl.pt

Address : EpiDoC – Epidemiology of Chronic Diseases

CEDOC Campus Sant'Ana

Pólo de Investigação, NMS, UNL.

Edifício Amarelo. Piso 3

Rua do Instituto Bacteriológico, nº 5

1150-082 Lisboa, Portugal

Phone: (+351) 218 803 110 ext: 27006 **Mobile:** (+351) 962468920

Website: <http://cedoc.unl.pt/epidoc-unit/> **Skype:** helenacanhao@gmail.com

1. Current Position and Activities

- . Head, EpiDoC Unit, CEDOC, Nova Medical School, Universidade Nova de Lisboa.
- . Full Professor, Nova Medical School, Universidade Nova de Lisboa, Lisbon.
- . Invited Full Professor, National School of Public Health, UNL, Lisbon.
- . Senior Rheumatology Consultant, CHLC-Hospital Curry Cabral, Lisbon.
- . Member of the Council, Universidade Nova de Lisboa.
- . Member of the Council, NOVA Medical School, UNL.
- . Coordinator Comprehensive Health Research Center (CHRC).
- . Chairman of the Advisory Board of Value based4Health Colab (NOVA, Fraunhofer, Vodafone e Jose Mello Saude).
- . Coordinator NOVA Ageing Group, NOVA Saude, UNL.
- . President Elected, Portuguese Society of Rheumatology (Scientific Society).
- . President Elected, Medical Sciences Society.
- . President General Assembly, AMPMV –More Proximity, Better Life– NGO supporting elderly
- . Member of Tagus Tank (NOVA-Jose Mello Saude).

a) Research activities:

- . Principal Investigator EpiDoC Cohort (Portuguese Cohort Study of Non-Communicable Chronic Diseases), 2011-
- . Co-Project Leader and Chief Medical Officer, Patient Innovation Project, Copenhagen Business School, NOVA Medical School and MIT USA, 2014-
- . Principal Investigator of Saude.Come, European Project, EEA grants and several research studies at CEDOC and NOVA Medical School.
- . National Coordinator of phase III multicentric RCT, pharma companies initiative.
- . Co-PI, SPLIT project funded by Portugal2020.
- . Principal Investigator of several Investigator Initiative Studies and RCT industry promoted.
- . Member of the Epidemiology Standing Committee, European League Against Rheumatism, EULAR. 2010-
- . Board Coordinator of Reuma.pt, the Portuguese Register of Rheumatic Diseases, Portuguese Society of Rheumatology. 2008-
- . Board Coordinator of the Systemic Rheumatic Diseases Study Group of Portuguese Society of Rheumatology. 2006-
- . Member of the Pediatric Rheumatology Study Group of Portuguese Society of Rheumatology. 2000-
- . Member of PRINTO (Pediatric Rheumatology International Trials Organization), 2008-
- . Former Member of CATS SINATS, INFARMED (HTA)
- . Editor in Chief Portuguese Journal of Public Health, Associated Editor Acta Reumatologica Portuguesa and Associated Editor Frontiers Medicine (Rheumatology), Editorial Board Member of Arthritis & Research Therapy and Austin Orthopedic Journal. Former Editor in Chief Acta Reumatologica Portuguesa.
- . Acting as paper's reviewer on several international rheumatology journals.
- . Acting as research project's reviewer to different Institutions: UE, EcePMed, FCT, University of Lisbon, Portuguese Medical Science Society, Societe Francaise Rhumatologie, Netherlands Organisation for Scientific Research (NWO), CNPQ Brasil.

b) Educational and Training activities:

- . Former Professor at Faculdade de Medicina Lisboa (2008-2016)

Coordinator and Responsible of Curricular Units:

- . Pre-graduate medical students (4th and 5th years) – Methods for Clinical Research (semester, optional), NOVA Medical School.
 - . Pos-graduate Public Health Physicians (CESP)– Research Methods in Public Health (MISP), National School of Public Health (ENSP).
 - . Pos-graduate Course in Hospital Administration (CEAH)– Epidemiology, ENSP.
 - . MEGIC – Master in Clinical Research Management – Epidemiology, NOVA Medical School, ENSP, Universidade Aveiro, Nova IMS.
 - . PhD programme NOVA Medical School.
 - . Master in Health Systems Management (GSS) – Epidemiology, ISCTE – IUL. (former)
- Collaborating in other CU's: Methods for research and Epidemiology (Doctoral Program in Public Health, ENSP), Methods for Clinical Investigation, (Global Public Health Doctoral Program, ENSP, UA, ISPUP), Epidemiology (Master in Health Management, ENSP).
- Coordinator of the Post-graduate Course in Methods for Clinical Research (6 ECTS, NMS & ENSP).

Coordinator of Course Longitudinal studies (NOVA Doctoral School, Nova University).

Supervisor 13 MD PhD and PhD students, 2 Pos-doc student (1 supported through Marie-Curie Grant) and several Master Students. Member of several Thesis Monitoring Committees.

2. Academic Degrees

- . **Graduated** in Medicine- Faculdade de Medicina da Universidade de Lisboa.
- . **Master** in Medical Sciences (Clinical Research), Harvard Medical School and Harvard School of Public Health, Boston, USA (2012)
- . **PhD** in Rheumatology/Medicine- Faculdade Medicina Universidade de Lisboa (2008)
- . **Agregação (Habilitation)** in Rheumatology/Medicine- Faculdade Medicina da Universidade de Lisboa (2015)

3. Training and Fellowship

Rheumatologist fellow- Hospital de Santa Maria, Lisboa, 1994-2000.

Program in Clinical Effectiveness, Harvard School of Public Health, Boston, USA. 2010.

Scholars in Clinical Science Program, Harvard Medical School, Boston, USA. 2010-2012.

ICH-GCP Training and Courses (certified)

WP30 – Leadership program for Women in Academia. Anderson School of Management, UCLA, USA, 2017

4. Awards

25 scientific awards, including:

Prémio Bial de Medicina Clínica (2008)

Senior Clinical Award Harvard Medical School-Portugal Program (2009).

Grande Prémio Bial de Medicina (2017)

Distinguished in the Book “100 women in Science” from “Ciência Viva” (2019)

5. Special area of interest and expertise:

Large databases, cohort studies, epidemiology of chronic diseases, clinical research, health innovation, ageing, health promotion, rheumatology, bone biology and pathology, inflammatory joint diseases, pharmacogenetics.

6. Languages

Native – Portuguese; English – Proficient user; French – Independent user; Spanish – Basic user

7. Publications

Edited 3 books and several published book chapters.

Links for papers:

<https://www.ncbi.nlm.nih.gov/pubmed/?term=canhao+h>

https://www.researchgate.net/profile/Helena_Canhao

<https://scholar.google.pt/citations?user=z9EJKSMAAAAJ&hl=pt-PT>

<http://orcid.org/0000-0003-1894-4870>

8. Projects

<http://cedoc.unl.pt/epidoc-unit/>

<https://patient-innovation.com>

<http://www.saudepontocome.pt/?l=en>

Helena Canhão

May 2019