



Brief CV note

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1. Current Position and Activities

- . Head, EpiDoC Unit, CEDOC, Nova Medical School, Universidade Nova de Lisboa, Lisbon 2016-
- . Full Professor, Nova Medical School, Universidade Nova de Lisboa, Lisbon 2018-
- . Senior Rheumatology Consultant (Chefe de Serviço), CHLC-Hospital Curry Cabral, Lisbon. 2018-
- . President Elect, Portuguese Society of Rheumatology (Scientific Society), 2018-
- . President Elect, Medical Sciences Society, 2018-
- . Vice President, Portuguese League Against Rheumatism (Patient Association), 2015-

a) Research activities:

- . Principal Investigator EpiDoC Cohort (Portuguese Cohort Study of Non-Communicable Chronic Diseases), 2011-
- . Co-Project Leader and Chief Medical Officer, Patient Innovation Project, Catholic University Lisbon, NOVA Medical School and MIT USA, 2014-
- . Principal Investigator of Saude.Come, European Project, EEA grants and several research studies at CEDOC and NOVA Medical School.
- . National Coordinator of phase III multicentric RCT, pharma companies initiative.
- . Co-PI, SPLIT project funded by Portugal2020.
- . Principal Investigator of several Investigator Initiative Studies and RCT industry promoted.
- . Member of the Epidemiology Standing Committee, European League Against Rheumatism, EULAR. 2010-
- . Board Coordinator of Reuma.pt, the Portuguese Register of Rheumatic Diseases, Portuguese Society of Rheumatology. 2008-
- . Board Coordinator of the Systemic Rheumatic Diseases Study Group of Portuguese Society of Rheumatology. 2006-
- . Member of the Pediatric Rheumatology Study Group of Portuguese Society of Rheumatology. 2000-
- . Member of PRINTO (Pediatric Rheumatology International Trials Organization), 2008-
- . Former Member of CATS SINATS, INFARMED (HTA)
- . Editor in Chief Portuguese Journal of Public Health, Associated Editor Acta Reumatologica Portuguesa and Associated Editor Frontiers Medicine (Rheumatology), Editorial Board Member of Arthritis & Research Therapy and Austin Orthopedic Journal. Former Editor in Chief Acta Reumatologica Portuguesa.

- . Acting as paper's reviewer on several international rheumatology journals.
- . Acting as research project's reviewer to different Institutions: UE, EcePMed, FCT, University of Lisbon, Portuguese Medical Science Society, Societe Francaise Rhumatologie, Netherlands Organisation for Scientific Research (NWO), CNPQ Brasil.

b) Educational and Training activities:

- . Former Professor at Faculdade de Medicina Lisboa (2008-2016)
- Coordinator and Responsible of Curricular Units:
 - . Pre-graduate medical students (4th and 5th years) – Methods for Clinical Research (semester, optional), NOVA Medical School.
 - . Pos-graduate Public Health Physicians (CESP)– Research Methods in Public Health (MISP), National School of Public Health (ENSP).
 - . Pos-graduate Course in Hospital Administration (CEAH)– Epidemiology, ENSP.
 - . MEGIC – Master in Clinical Research Management – Epidemiology, NOVA Medical School, ENSP, Universidade Aveiro, Nova IMS.
 - . PhD programme NOVA Medical School.
 - . Master in Health Systems Management (GSS) – Epidemiology, ISCTE – IUL. (former)
- Collaborating in other CU's: Methods for research and Epidemiology (Doctoral Program in Public Health, ENSP), Methods for Clinical Investigation, (Global Public Health Doctoral Program, ENSP, UA, ISPUP), Epidemiology (Master in Health Management, ENSP).
- Coordinator of the Post-graduate Course in Methods for Clinical Research (6 ECTS, NMS & ENSP).
- Coordinator of Course Longitudinal studies (NOVA Doctoral School, Nova University).
- Supervisor 11 MD PhD and PhD students, 1 Pos-doc student and several Master Students. Member of Thesis Monitoring Committees.

2. Academic Degrees

- . **Graduated** in Medicine- Faculdade de Medicina da Universidade de Lisboa.
- . **Master** in Medical Sciences (Clinical Research), Harvard Medical School and Harvard School of Public Health, Boston, USA (2012)
- . **PhD** in Rheumatology/Medicine- Faculdade Medicina Universidade de Lisboa (2008)
- . **Agregação (Habilitation)** in Rheumatology/Medicine- Faculdade Medicina da Universidade de Lisboa (2015)

3. Training and Fellowship

- Rheumatologist fellow- Hospital de Santa Maria, Lisboa, 1994-2000.
- Rheumatologist specialist - Hospital de Santa Maria, Lisboa, 2004.
- Rheumatology consultant– Lisboa 2011
- Rheumatology Senior consultant – Hospital de Santa Maria, Lisboa 2015-2018
- Program in Clinical Effectiveness, Harvard School of Public Health, Boston, USA. 2010.
- Scholars in Clinical Science Program, Harvard Medical School, Boston, USA. 2010-2012.
- ICH-GCP Training and Courses (certified)
- WP30 – Leadership program for Women in Academia. Anderson School of Management, UCLA, USA, 2017

4. Previous professional experience

General internship, Hospital Distrital de Évora.

Rheumatology fellow Hospital de Santa Maria. 1994-2000.

Rheumatology consultant Hospital Garcia Orta 2003-2004

Rheumatology consultant Hospital de Santa Maria 2004-2015.

Senior Rheumatology Consultant HSM 2015-2018.

Coordinator of Rheumatoid Arthritis Clinics, Hospital de Santa Maria, 2008-2016

Head of Pediatric Rheumatology Unit, Santa Maria Hospital 2008-2010

Clinical Director, Casa dos Marcos, Raríssimas 2013-2014.

Instructor of Biochemistry and Rheumatology, Faculdade de Medicina Lisboa 1997-2008

Invited Assistant Professor of Rheumatology, Faculdade de Medicina da Universidade de Lisboa, Lisbon. 2008-2015 (Rheumatology, Medicine, Semiology).

Principal Investigator, Rheumatology Research Unit, Instituto de Medicina Molecular, Lisbon Medical School, Lisbon. 2008-2015

Coordinator of Clinical Trials, Hospital de Santa Maria, 2012-2016

Board of Clinical Research Center, Hospital de Santa Maria, 2013-2014.

National Principal Investigator of the multinational 3e Initiative 2008-2009.

National Coordinator of Reuma.pt, the Portuguese Register of Rheumatic Diseases, Portuguese Society of Rheumatology. 2008-2014

Principal Investigator of CoReumaPt, Portuguese Cohort Study of Rheumatic Diseases. 2013-2015.

Board Coordinator of EpireumaPt, the National Epidemiologic Study of Rheumatic Diseases. 2010-2013.

National Coordinator of the Rheumatoid Arthritis Study Group of Portuguese Society of Rheumatology. 2012-2015

Portuguese Representative at EULAR RODS (Registries and Observational Studies Group), 2012-2015.

Board Director of Portuguese Society of Rheumatology, 2000-2010 (positions: financial department; General-Secretary; Vice-President; Treasurer; Secretary).

Editor-in- Chief of Acta Reumatologica Portuguesa 2008-2010

Associated Editor of Acta Reumatologica Portuguesa 2004-2008; 2010-

Supervisor of 2 Rheumatology Fellows, MD PhD students, PhD students, Pos-doc students and Master Students.

5. Awards

25 scientific awards, including:

Prémio Bial de Medicina Clínica (2008)

Senior Clinical Award Harvard Medical School-Portugal Program (2009).

Grande Prémio Bial de Medicina (2017)

6. Special area of interest and expertise:

Large databases, cohort studies, epidemiology of chronic diseases, clinical research, health innovation, ageing, health promotion, rheumatology, bone biology and pathology, inflammatory joint diseases, pharmacogenetics.

7. Languages

Native – Portuguese

English – Proficient user

French – Independent user

Spanish – Basic user

8. Publications

Edited 3 books and several published book chapters.

Links for papers:

<https://www.ncbi.nlm.nih.gov/pubmed/?term=canhao+h>

https://www.researchgate.net/profile/Helena_Canhao

<https://scholar.google.pt/citations?user=z9EJKSMAAAAJ&hl=pt-PT>

<http://orcid.org/0000-0003-1894-4870>

9. Projects

<http://cedoc.unl.pt/epidoc-unit/>

<https://patient-innovation.com>

<http://www.saudepontocome.pt/?l=en>

Helena Canhão

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