

## Brief CV note

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### 1. Current Position and Activities

- . Invited Full Professor of Epidemiology and Clinical Research, Joint Appointment Nova Medical School and National School of Public Health, Nova University, Lisbon. 2016-
- . Head, EpiDoC Unit, CEDOC, Nova Medical School, Nova University, Lisbon 2016-
- . Senior Rheumatology Consultant (Chefe de Serviço) of the Rheumatology and Bone Metabolic Diseases Department, CHLN-Hospital de Santa Maria, Lisbon. 2015-
- . Vice President, Portuguese Society of Rheumatology (Scientific Society), 2016-
- . Vice President, Portuguese League Against Rheumatism (Patient Association), 2015-

#### *a) Research activities:*

- . Principal Investigator EpiDoC Cohort (Portuguese Cohort Study of Non- Communicable Chronic Diseases), 2011-
- . Co-Project Leader and Chief Medical Officer, Patient Innovation Project, Catholic University Lisbon and MIT USA, 2014-
- . Principal Investigator of Saude.Come, European Project, EEA grants and several research studies at CEDOC and NOVA Medical School.
- . National Coordinator of 3 ongoing phase III RCT, pharma companies initiative.
- . National Coordinator of Switch-Pt trial, promoted by ACSS, SPR, SPDV and CAML.
- . Principal Investigator of several Investigator Initiative Studies and RCT industry promoted.
- . Member of the Epidemiology Standing Committee, European League Against Rheumatism, EULAR. 2010-
- . Board Coordinator of Reuma.pt, the Portuguese Register of Rheumatic Diseases, Portuguese Society of Rheumatology. 2008-
- . Board Coordinator of the Systemic Rheumatic Diseases Study Group of Portuguese. Society of Rheumatology. 2006-
- . Member of the Pediatric Rheumatology Study Group of Portuguese Society of Rheumatology. 2000-
- . Member of PRINTO (Pediatric Rheumatology International Trials Organization), 2008-
- . Member of CATS SINATS, INFARMED (drugs and device evaluation)
- . Editor in Chief Portuguese Journal of Public Health, Associated Editor Acta Reumatologica Portuguesa and Associated Editor Frontiers Medicine (Rheumatology), Editorial Board Member of Arthritis & Research Therapy and Austin Orthopedic Journal.
- . Acting as paper's reviewer on several international rheumatology journals.
- . Acting as research project's reviewer to different Institutions: University of Lisbon, Portuguese Medical Science Society, Societe Francaise Rhumatologie, Netherlands Organisation for Scientific Research (NWO), CNPQ Brasil.

#### *b) Educational and Training activities:*

Coordinator and Responsible of Curricular Units:

- . Pre-graduate medical students (4th and 5th years) – Methods for Clinical Research (semester, optional), NOVA Medical School.
  - . Pos-graduate Public Health Physicians (CESP)– Research Methods in Public Health, National School of Public Health (ENSP).
  - . Pos-graduate Course in Hospital Administration (CEAH)– Epidemiology, ENSP.
  - . Master in Health Systems Management (GSS) – Epidemiology, ISCTE – IUL.
- Collaborating in other CU's: Methods for research and Epidemiology (Doctoral Program in Public Health, ENSP), Methods for Clinical Investigation, (Global Public Health Doctoral Program, ENSP, UA, ISPUP), Epidemiology (Master in Health Management, ENSP).
- Coordinator of the Post-graduate Course in Methods for Clinical Research (6 ECTS, NMS & ENSP).  
Coordinator of Course Longitudinal studies (NOVA Doctoral School, Nova University).

Supervisor 7 MD PhD and PhD students, 1 Pos-doc student and several Master Students. Member of Thesis Monitoring Committees.

## 2. Academic Degrees

- . **Graduated** in Medicine- Faculdade de Medicina da Universidade de Lisboa (1991)
- . **Master** in Medical Sciences (Clinical Research), Harvard Medical School and Harvard School of Public Health, Boston, USA (2012)
- . **PhD** in Rheumatology/Medicine- Faculdade Medicina Universidade de Lisboa (2008)
- . **Agregação (Habilitation)** in Rheumatology/Medicine- Faculdade Medicina da Universidade de Lisboa (2015)

## 3. Training and Fellowship

Rheumatologist fellow- Hospital de Santa Maria, Lisboa, 1994-2000.  
Rheumatologist specialist - Hospital de Santa Maria, Lisboa, 2004.  
Rheumatology consultant– Lisboa 2011  
Rheumatology Senior consultant – Hospital de Santa Maria, Lisboa 2015  
Program in Clinical Effectiveness, Harvard School of Public Health, Boston, USA. 2010.  
Scholars in Clinical Science Program, Harvard Medical School, Boston, USA. 2010-2012.  
ICH-GCP Training and Courses (certified)

## 4. Awards

25 scientific awards, including:  
Prémio Bial de Medicina Clínica (2008)  
Senior Clinical Award Harvard Medical School-Portugal Program (2009).  
Grande Prémio Bial de Medicina (2017)

## 5. Special area of interest and expertise:

Large databases, cohort studies, epidemiology of chronic diseases, clinical research, health innovation, ageing, health promotion, rheumatology, bone biology and pathology, inflammatory joint diseases, pharmacogenetics.

## 6. Publications

Edited 3 books and several published book chapters.

Links for papers:

<https://www.ncbi.nlm.nih.gov/pubmed/?term=canhao+h>

[https://www.researchgate.net/profile/Helena\\_Canhao](https://www.researchgate.net/profile/Helena_Canhao)

<https://scholar.google.pt/citations?user=z9EJKSMAAA&hl=pt-PT>

<http://orcid.org/0000-0003-1894-4870>

## 7. Projects

<http://cedoc.unl.pt/epidoc-unit/>

<https://patient-innovation.com>

<http://www.saudepontocome.pt/?l=en>



Outubro 2017