

## Brief CV note

**Name:** Helena Canhão, Lisbon, Portugal

**Title and or degrees:** MD, MMSc, PhD, Senior Consultant Rheumatology

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### 1. Academic Degrees

- . **Graduated** in Medicine- Faculdade de Medicina da Universidade de Lisboa.
- . **Master** in Medical Sciences (Clinical Research), Harvard Medical School and Harvard School of Public Health, Boston, USA.
- . **PhD** in Rheumatology/Medicine- Faculdade Medicina Universidade de Lisboa.
- . **Agregação (Habilitation)** in Rheumatology/Medicine- Faculdade Medicina da Universidade de Lisboa.

### 2. Current Position and Activities

- . Invited Full Professor of Epidemiology and Clinical Research, Joint Appointment Nova Medical School and National School of Public Health, Nova University, Lisbon 2016-
- . Head, EpiDoC Unit, CEDOC, Nova Medical School, Nova University, Lisbon 2016-
- . Senior Rheumatology Consultant (Chefe de Serviço) of the Rheumatology and Bone Metabolic Diseases Department, CHLN-Hospital de Santa Maria, Lisbon. 2015-

#### a) Research activities:

- . Principal Investigator EpiDoC Cohort (Portuguese Cohort Study of Non-Communicable Chronic Diseases), 2011-
- . Co-Project Leader and Chief Medical Officer, Patient Innovation Project, Catholic University and MIT, 2014-
- . Vice President, Portuguese Society of Rheumatology (Scientific Society), 2016-
- . Vice President, Portuguese League Against Rheumatism (Patient Association), 2015-
- . Member of the Epidemiology Standing Committee, European League Against Rheumatism, EULAR. 2010-
- . Board Coordinator of Reuma.pt, the Portuguese Register of Rheumatic Diseases, Portuguese Society of Rheumatology. 2008-
- . Board Coordinator of the Systemic Rheumatic Diseases Study Group of Portuguese Society of Rheumatology. 2006-
- . Member of the Pediatric Rheumatology Study Group of Portuguese Society of Rheumatology. 2000-
- . Member of PRINTO (Pediatric Rheumatology International Trials Organization), 2008-
- . Principal Investigator of Saude.Come, European Project, EEA grants and several research studies at IMM and Lisbon Medical School.
- . National Coordinator of 4 ongoing phase III RCT, pharma companies initiative.
- . Principal Investigator of several Investigator Initiative Studies and RCT industry promoted.

- . Associated Editor Acta Reumatologica Portuguesa and Associated Editor Frontiers Medicine (Rheumatology), Editorial Board Member of Arthritis & Research Therapy and Austin Orthopedic Journal.
- . Acting as paper's reviewer on several international rheumatology journals.
- . Acting as research project's reviewer to different Institutions: University of Lisbon, Portuguese Medical Science Society, Societe Francaise Rhumatologie, Netherlands Organisation for Scientific Research (NWO), CNPQ Brasil.

**b) Educational and Training activities:**

Coordinator of Curricular Units:

- . Pre-graduate medical students (4<sup>th</sup> and 5<sup>th</sup> years) – Methods for Clinical Research (semester, optional), NMS.
  - . Pos-graduate Public Health Physicians (CESP)– Research Methods in Public Health, ENSP.
  - . Pos-graduate Course in Hospital Administration (CEAH)– Epidemiology, ENSP.
- Collaborating in other CU's: Methods for research and Epidemiology (Doctoral Program in Public Health, ENSP), Methods for Clinical Investigation, (Global Public Health Doctoral Program, ENSP, UA, ISPUP), Epidemiology (Master in Health Management, ENSP).
- Coordinator of the Post-graduate Course in Methods for Clinical Research (6 ECTS, NMS & ENSP).
- Coordinator of Course Longitudinal studies (NOVA Doctoral School, Nova University).
- Supervisor 7 MD PhD and PhD students, 1 Pos-doc students and several Master Students. Member of Thesis Monitoring Committees.

**3. Training and Fellowship**

- Rheumatologist fellow- Hospital de Santa Maria, Lisboa, 1994-2000.
- Rheumatologist specialist - Hospital de Santa Maria, Lisboa, 2004.
- Rheumatology consultant– Lisboa 2011
- Program in Clinical Effectiveness, Harvard School of Public Health, Boston, USA. 2010.
- Scholars in Clinical Science Program, Harvard Medical School, Boston, USA. 2010-2012.
- ICH-GCP Training and Courses (certified)

**4. Previous professional experience**

- General internship, Hospital Distrital de Évora.
- Rheumatology fellow Hospital de Santa Maria. 1994-2000.
- Rheumatology consultant Hospital Garcia Orta 2003-2004
- Rheumatology consultant Hospital de Santa Maria 2004-2015.
- Coordinator of Rheumatoid Arthritis Clinics, Hospital de Santa Maria, 2008-2016
- Head of Pediatric Rheumatology Unit, Santa Maria Hospital 2008-2010
- Clinical Director, Casa dos Marcos, Raríssimas 2013-2014.
- Instructor of Biochemistry and Rheumatology, Faculdade de Medicina Lisboa 1997-2008
- Invited Assistant Professor of Rheumatology, Faculdade de Medicina da Universidade de Lisboa, Lisbon. 2008-2015 (Rheumatology, Medicine, Semiology).
- Principal Investigator, Rheumatology Research Unit, Instituto de Medicina Molecular, Lisbon Medical School, Lisbon. 2008-2015
- Coordinator of Clinical Trials, Hospital de Santa Maria, 2012-2016
- Board of Clinical Research Center, Hospital de Santa Maria, 2013-2014.
- National Principal Investigator of the multinational 3e Initiative 2008-2009.
- National Coordinator of Reuma.pt, the Portuguese Register of Rheumatic Diseases, Portuguese Society of Rheumatology. 2008-2014

Principal Investigator of CoReumaPt, Portuguese Cohort Study of Rheumatic Diseases. 2013-2015.

Board Coordinator of EpiReumaPt, the National Epidemiologic Study of Rheumatic Diseases. 2010-2013.

National Coordinator of the Rheumatoid Arthritis Study Group of Portuguese Society of Rheumatology. 2012-2015

Portuguese Representative at EULAR RODS (Registries and Observational Studies Group), 2012-2015.

Board Director of Portuguese Society of Rheumatology, 2000-2010 (positions: financial department; General-Secretary; Vice-President; Treasurer; Secretary).

Editor-in- Chief of Acta Reumatologica Portuguesa 2008-2010

Associated Editor of Acta Reumatologica Portuguesa 2004-2008; 2010-

Supervisor of 2 Rheumatology Fellows, MD PhD students, PhD students, Pos-doc students and Master Students.

#### **5. Awards**

20 scientific awards, including:

Prémio Bial de Medicina Clínica (2008)

Senior Clinical Award Harvard Medical School-Portugal Program (2009).

#### **6. Special area of interest and expertise:**

Large databases, cohort studies, epidemiology of chronic diseases, clinical research, health innovation, ageing, health promotion, rheumatology, bone biology and pathology, inflammatory joint diseases, pharmacogenetics.

#### **7. Publications indexed in PubMed/Medline (165)**

<https://www.ncbi.nlm.nih.gov/pubmed/?term=canhao+h>

#### **8. Links**

<http://cedoc.unl.pt/epidoc-unit/>

[https://www.researchgate.net/profile/Helena\\_Canhao](https://www.researchgate.net/profile/Helena_Canhao)

<https://scholar.google.pt/citations?user=z9EJKSMAAAAJ&hl=pt-PT>

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*Helena Canhão*

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